

Dear Valued Customer,

Thank you for purchasing your SelectWisely food translation cards. Below you will find two copies of your purchased card. Please cut the card out and fold along the dotted line. We suggest laminating the card if at all possible.

When traveling we recommend that you keep one card in your wallet and the other in a more secure place, such as your suitcase. After you have used the card, we welcome your comments. In an effort to help other travelers with similar dietary challenges, we encourage you to share your thoughts, travel tips and other first-hand information.

Diabetes Type 1 Emergency Card

- ! I have diabetes. I need sugar immediately (candy, fruit juice, Coca Cola).
- 📞 I need medical help, please call a doctor!
- + Please take me to the hospital.



SelectWisely

- ! 저는 당뇨 환자로, 지금 바로 당분을 섭취해야 합니다(사탕, 과일 주스, 콜라 등).
- 📞 의사의 도움이 필요합니다. 의사를 불러 주세요!
- + 저를 병원에 데려가 주세요.



Korean

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Korean

We hope our cards help you in your travels and look forward to hearing from you in the future. Please email us at info@selectwisely.com if you have any questions or comments!

- The SelectWisely Team